

Educational Qualifications:

- Masters of Science (M. Sc) in Applied Psychology from the University of Calcutta (1991)
- Bachelor of Science (B. Sc) Psychology Hons from Gokhale Memorial Girls' College (1989)

Certifications / Achievements –

- Registered Psychologist from Rehabilitation Council of India (RCI) - Reg NoA61407
- Diploma in Community Mental Health (DCMH) - NIMHANS, Bangalore
- Certification in Basics Of Addiction Management (CcBoAM)- NIMHANS, Bangalore
- Certification in Comprehensive Tobacco Cessation Course- NIMHANS, Bangalore
- Trained in Motivational Interviewing-NIMHANS, Bangalore
- Trained in CBT (Management of Anxiety) – Beck Institute, Philadelphia
- Post Graduate Certificate in Human Relations and Psychological Counselling from Christian Counselling Centre (CCC, Vellore), internship in counselling from Christian Medical College (CMCH), Vellore.

Work Experience:

- **Private Practice:** Face- to Face counselling. Chamber at Calcutta Medical Centre (CMC), 12, Loudon Street. Kolkata (near Minto Park)- providing counseling to children and adults who need help regarding academic, anxiety and stress, mood disorders, parenting and relationship issues etc.
- **EAP- India:** working as a contractual consultant (Part- time- online and Face- Face) (2023- to present)- providing counseling to employees who need help for anxiety and stress, depression, anger management, issues relating to workplace and family problems etc
- **Rich Psych- an online platform-** Worked as a Consultant counselor- part- time (2019- 2022)
- **ANJALI (NGO)** – over 15 years (2003 – 2025 Dec)- as a Senior Counseling Psychologist – working at two renowned Government Mental Hospital in Kolkata (work includes assessment and counselling of residents of the hospitals. Residents are mainly have been staying in the hospital for many years and having severe mental disorder). At present associated as an Advisor.

- **SHARE** (NGO)- 5 years (1999-2003)- on behalf of the NGO, worked as a student Counselor at St. Lawrence High School (2000 – 2003)
- **SANLAAP** (NGO) – 2 years (1997-1999) as a Counselling Psychologist. Work included counselling trafficked children who were residing at SMM Correction Home, Liluah.
- **Members** : American Psychological Association (APA),
International Society of Substance Use Professionals (ISSUP)
Australian and New Zealand Mental Health Association

Other Personal Details :

Date of Birth – 26 Sept 1966

Marital Status – Married

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